

# Information Sheet for the Bereaved

## What is the Service?

A free, brief therapeutic service for individuals and whānau needing specific support for bereavement by suicide. It fits within the range of services that support the bereaved.

## Who is it for?

The service is available for anyone who has been bereaved by suicide at any stage in their life. Children/Young people will need a trusted adult to support them to participate.

## Who delivers the Service?

- Local Providers will be available in each region
- All providers have specific training in suicide bereavement
- A national network of providers with diverse skills and background.

## What could you expect?

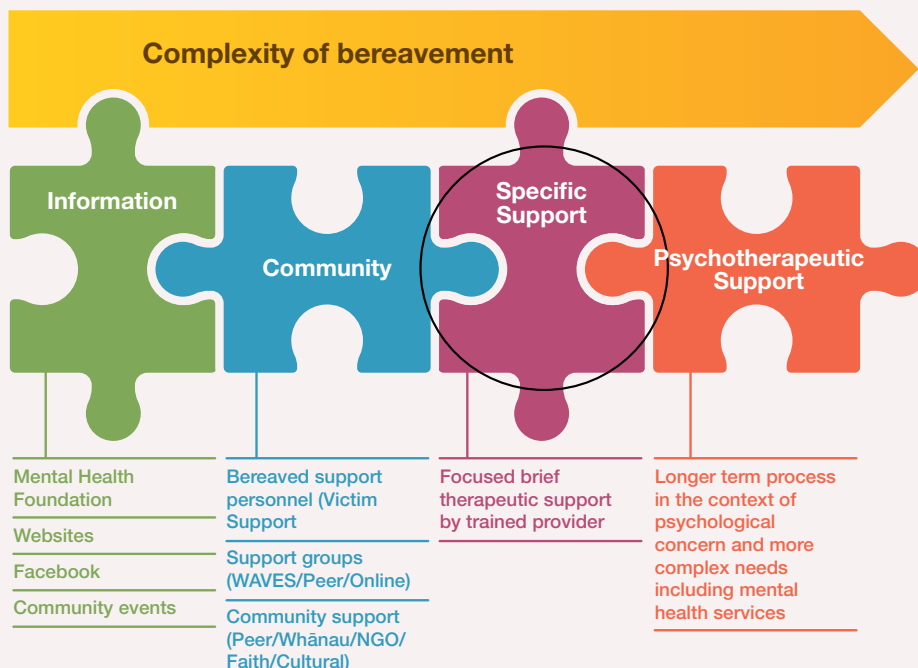
Providers to use a practice framework that focuses on:

- Trauma Informed approach
- Suicide bereavement and support skills
- Incorporates your worldview.

## How is the Service delivered?

- Individual, Family, or Whānau group
- Face to Face, Telephone or Online
- A total of approximately 4 sessions per person will be available.

## Continuum of Bereavement Support Services



## How will the service meet the needs of Māori?

- The design and delivery of the service has included input from key Māori stakeholders, whānau with lived experience, clinical expertise, and literature
- We will continue to identify Māori Providers in each region
- Non-Māori Providers will be expected to be culturally responsive in working alongside whānau.

## How will the Service meet the needs of different population groups?

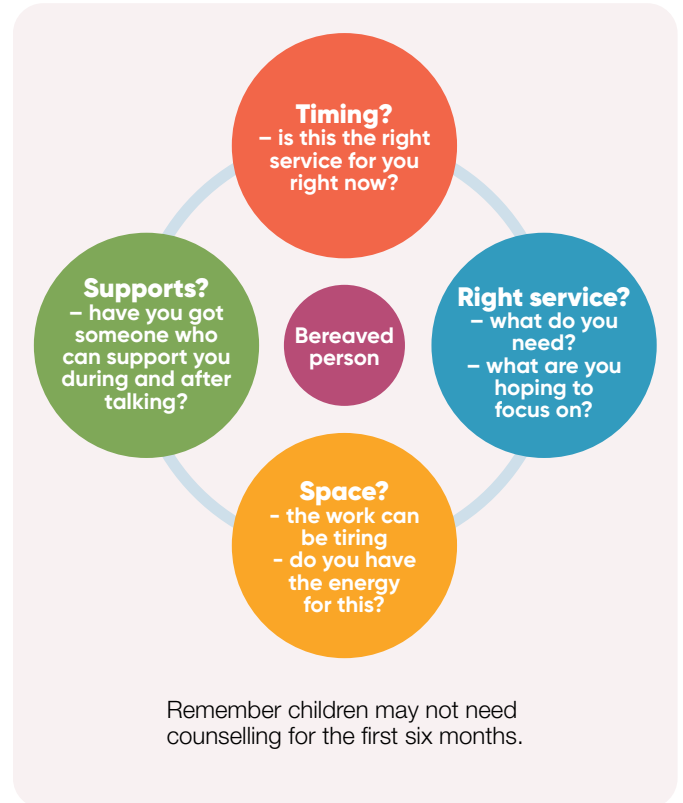
- The design and delivery of the service included input from a range of different stakeholder groups. Continued engagement will occur with these groups
- Online Providers will increase your options to choose a Provider that meets your needs
- Ongoing feedback will be sought from service users.

## How do you contact the Service?

- You can self-refer by emailing [referrals@aoake-te-ra.org.nz](mailto:referrals@aoake-te-ra.org.nz), or phone **0800 000 053**, or use the online referral form on [www.aoaketera.org.nz](http://www.aoaketera.org.nz)
- You can also contact your local GP, or Victim Support person.

## We want to make sure this service is a good fit for you right now

We want to be able to respond to your needs and also make sure that this service is a good fit for you right now. Some things to think about are...



**Our intake team are available to talk with you about the service and its fit to your needs.**

- ▶ [referrals@aoake-te-ra.org.nz](mailto:referrals@aoake-te-ra.org.nz)
- ▶ 0800 000 053
- ▶ [aoaketera.org.nz](http://aoaketera.org.nz)